

# 3 o'clock Challenge

Pray at the Hour Jesus Died.

Daily  
for 30 sec.



## WHAT IS TRANSGENDER?

Not again! Why is that sin being portrayed as an acceptable lifestyle choice?.

Page 5



## PRAYER CHANGED MY LIFE

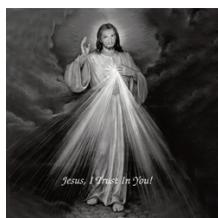
I almost never prayed. Now...  
Page 6



## PRAYING FOR PRIESTS

Our moral responsibility..  
Page 4

# God is Ready to Renew the World Through YOU!



## Everyone Can Pray for Just 30 Seconds

volunteer staff  
The 3 o'clock Challenge

"At three o'clock, implore My mercy, especially for sinners; and, if only for a brief moment"...  
(Jesus - through St. Faustina)

Wouldn't it be wonderful if every church office, Christian business/school, and individual stopped what they were doing daily to give praise to Jesus for just 30 seconds at the moment of Jesus' death? Shouldn't we be doing this already? This has always been the Holy Hour.

Such respect is due to Our Lord.

Nobody would even miss the time and everything would be gained from Jesus. I mean think about, wouldn't it be wonderful if throughout the mall, at 3 o'clock countless people's cell phones...  
*continued on page 3*

## 1% of the Faithful Receive Sacrament of Reconciliation

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It is almost unbelievable, but devastatingly true, on average, less than 1% of the partitioners are being reconciled with God. The lack of attendance for the Sacrament of Confession is...  
*continued on page 3*



[www.The3oclockChallenge.com](http://www.The3oclockChallenge.com)

God is Ready  
to Renew the World  
Through YOU!



## Be a True Disciple- GO TO THE PEOPLE

*volunteer staff*

*The 3 o'clock Challenge*

**70%** of the Catholics don't go to mass on Sunday. Without the sacraments and true faith in Jesus, as the Bible says, their souls aren't saved. God is crying in pain at the loss of His children. Our Lord is calling us to take action, and shepherd (save) His lost sheep. God will use us if we stop reading, and watching the atrocities happen, and get up and do something different, because obviously what we have been doing isn't working, that way God can bring works of love and mercy to His people. This is the New Evangelization we need. For the Love of God, The 3 o'clock Challenge has created prayer/education programs that you and your church can bring into the lives of your com-

## Guess Who Forgot Why They Are Catholic?

*volunteer staff*

*The 3 o'clock Challenge*

Amnesia...MOST Catholics who attend Sunday mass suffer from it - never mind the ones who don't even go to church. The loss of knowledge of one's faith and the improper recipient of the sacraments, which is one of the consequences of unrepentant sin, is destroying the lives of God's children. The simplest teachings of the Catechism have been lost and the people are leaving the Church. God is calling us, the ones who know their faith, to do something to help the body of Christ that is hurting. We are all one body in Christ and if one part of the body is sick we need to repair it and lead it towards salvation. The 3 o'clock Challenge has partnered with [www.LiftingOurValues.com](http://www.LiftingOurValues.com) to provide free educational messages for your church projector

screens and bulletins, etc. These messages teach the Catechism we all need for our salvation. They are downloaded on line at [www.The3oclockChallenge.com/Get-Involved](http://www.The3oclockChallenge.com/Get-Involved) (continue to check on line for new inspirational messages). When the congregation enters the church, they can read the Catechism message week after week on the projector screen and on their way home, they can read the message in the bulletin and God will uses that opportunity to touch their heart; then the desire for prayer and reconciliation will grow and sanctifying grace will be given by our most merciful God who is waiting for His Children to return and live the Gospel for salvation.



munity. We have easy step by step instructions and materials for you and your church to go the people and bring the Jesus' love (at the church picnic, fair, outreach, homes, etc.) and be effective Disciples of Christ

Only the **Truth**  
will *Save* the Souls  
of God's Children

## What are the Requirements for Salvation?

*volunteer staff*

*The 3 o'clock Challenge*

Everyone thinks they understand this but don't be surprised if you don't. Salvation - spending eternal life in Heaven... versus Hell where eternal pain and suffering prevail - should be the main goal of our life. (Matthew 13:42) You might die tomorrow... only God knows your hour. Are you prepared for judgment with Jesus? Salvation is NOT given to everyone. The Bible is very clear about that. (Matthew 7:21) God loves us and created us so we many KNOW, LOVE and SERVE HIM and share eternal happiness with Him in heaven for those who choose Him while on earth. God doesn't give the reward of eternal life, through the merit of Jesus, to those who don't love and serve Him. So, what are



you doing with your life? Are you really loving and serving God the way the Bible says you should?

In reality, seeking to save our own soul from the sufferings in Hell shouldn't be the fullness of our desire in our heart, but rather we should desire to truly Love God with all of our heart, soul, mind and strength. And when we have true Love for God, the reward of eternal life will be given as a gift and immense joy and peace in this world as well.

Satan and his devils toil day and night to make light of our responsibility to God convincing us

we need and must do all sorts of worldly things to be happy and fulfill our selfish desires. It is all lies to keep us from salvation. (2 Corinthians 11:3) God is entirely fair and just which is something our sinful nature can't comprehend; it is one of God's wonderful mysteries.

So, live a good life...a life for God and be rewarded fairly for eternity. God who is most loving and merciful wants us in Heaven with Him and is longing to forgive us of our sins and help us avert sin if we simply ask Him for help so we can have a beautiful relationship with Him today and for all eternity.

To be saved, the Bible says we must have :

**BAPTISM** - "Whoever believes and is baptized will be saved, but whoever does not believe will be condemned." (Mark 16:16)

**TRUE FAITH IN JESUS** - (Faith that produces good works out of love by obedience until the hour of your death is what is necessary to be saved. (James 2:14-26) (Revelations 2:10) (Matthew 7:21)

**RECONCILIATION (confession)** - An unrepentant sinner who dies with a mortal sin on their soul will not enter into Heaven. (1 John 5:16-17; 1 Corinthians 6:9)

Eternal life is the greatest gift our God of infinite goodness wishes to give those who love and obey Him. (Romans 6:23)

## Through the Cross... You Find Christ.



The beautiful cross Christ bore which He has asked us to bear (Luke 9:23) isn't something we should run from. Yes, God heals, but if possible, the greater good would be to embrace the pain and suffering as God's will, trust in Him, and offer it up in union with the Lord's suffering for the salvation of souls. When someone suffers and lovingly offers up their pain (the same way Christ loved us), it purify their soul and removes some of the punishment due from their sins . (2 Corinthians 5:10; 1 Peter 4:8) If someone can Trusts in God - that all circumstances are allowed by God for their salvation - they will grow in great holiness through grace and learn God's blessed ways (lessons) while being filed with earthly peace and joy.

## We Aren't Doing Enough!

The Proof is in the Fruit.

We need to shepherd the lost sheep. We need to do more! The lack of actual prayer among the people and education on the Catechism (teachings of the faith) has led to a great decline in souls being saved as they leave the faith for Satan's false sense of joy.

The solution is SIMPLE: **Teach the people how to PRAY!**

You can't teach someone who doesn't pray how to pray the Rosary, or the Divine Mercy, it is too daunting, but everyone can start praying for 30 secs. at 3:00 pm.



Reduction  
in Donations

Decline in  
Church  
Attendance

Loss of  
Participation  
in Ministries

**God's Holy Church Will Bear More Good Fruit!**

## Who is More Blessed than the Least of God's Chosen Priests?

*volunteer staff  
The 3 o'clock Challenge*

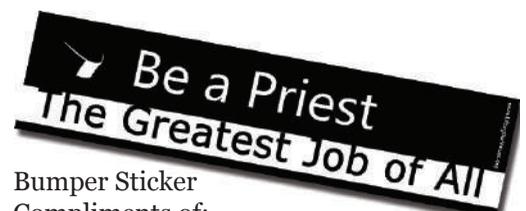
Nobody is more blessed than the least of God's chosen priests! The most blessed saint, who has the most amazing gifts from Our Lord, isn't more blessed than God's elect, His chosen priesthood (unless the saint is a priest of course). The magnificence of the priest is awe inspiring. Just look at their blessed hands, which the Holy Spirit pours out of onto the gifts of the altar, and by their holy lips which professes the prayers of consecration for transubstantiation (where God puts His actual body and blood into the bread and wine) to miraculously occur during each celebration of the sacrifice of the holy mass. How can we look at a priest as anywhere equal to us or speak with any disrespect to-

ward them? Much prayer and understanding for the battle they endure daily should be given.

Holy priests are such a threat to Satan, he will go to no end to attempt to bring down a priest. What are we doing to help? Such a responsibility we have must not be ignored. We are a holy body of Christ and we are required to provide the spiritual support, through prayers for each other. The priests need us. God wants to use our prayers to sanctify their souls.

We need priests! At the rate new priests are coming into the church, we won't have enough to satisfy the demand for their services soon. The priests are already

feeling burdened with the tremendous work since the labors are so few; sadly many young men that have the desire to serve the Lord, in the priesthood, aren't responding to the call. Satan has distracted them with his promises of worldly joy which only leads to sorrow and death. Fortunately, there is nothing more powerful than prayer....but we need to actually pray and pray throughout our day for the priesthood and encourage other to do so too. God will renew a passion in His chosen people.



Bumper Sticker  
Compliments of:  
[www.LiftingOurValues.com](http://www.LiftingOurValues.com)

## What is Transgender?

*volunteer staff*  
*The 3 o'clock Challenge*

As the television was playing in the adjacent room, I heard a commercial, from the voice of a young girl saying over and over again, "I'm transgender...." What? Is that now a word, and why are they trying to infiltrate that "lifestyle" into our minds as something acceptable? The legalization, of the greatest atrocity of all time, abortion - the murder of God's innocent babies, began this plummet of what ungodly behavior we now consider acceptable. Then the removal of God from school, surgical sex changes, and now legal gay marriage. What is next? Satan has crept significantly into our lives.

The downward spiral of our country is so blatantly obvious, to the faithful, how can we continue to be idol or simply "talk" about the problem. I hear God screaming... "Get up and Do Something About It!" Do you? All the knowledge of such atrocities only makes us more accountable to take action. The obvious sins of omission are prevalent because of the extreme consequences our country is suffering. How much clearer does God need to be to get us to understand the homosexual lifestyle is a great mortal sin. God destroyed two entire cities because of that grave offense to Him. (Genesis 19) Saint Paul, describes in, Romans 1:18-32, God's wrath against such immoral acts, and how such persons with homosexual behavior will receive their penalty in their own bodies. (Yep, STD's are devastating the world). I think we have seen enough consequences to such behavior. Yet, it seems like people don't remember or care. Is

anyone concerned about salvation or the quality of their life today? The Bible says if someone has sexual immorality on their soul, they won't inherit the kingdom of Heaven. (1 Corinthians 6 9-11; Galatians 5:19)

My teenage children have NEVER been educated on the teachings of the church in regards to sexual immorality in any church retreat, confirmation class or anything. We are shocked. Especially since the Bible is so very clear that homosexual or transgender living is a great sin yet society is tell us it isn't. We have to address this confusion with the people of the church before they follow Satan down the path to doom.

Many feel since homosexuals say, "Well I was born that way.", that some how makes sexual immoral behavior not a sin. Why? Some people are born with compulsive disorders and are prone to steal. The compulsion (temptation) isn't the sin it is the actual act of stealing that is the sin. The compulsion can be healed by God through faith and prayer or handled with self control and choosing to abstain from environments that stimulate the wrong behavior. The same goes for people with sexual immoral behavior. The sin isn't in the compulsion (temptation) it is the behavior that destroys the soul.

So we shall love the person

(God is in everyone) no matter what sin they have (we all have sin) and help them overcome their sin through love, prayer, truth and understanding.

I want all of God's children to have salvation whether they suffer from homosexual behaviors or not and if I lie to the people with that sin, pretending like it is perfectly acceptable (as to not hurt their feelings), I'm not loving them.

Loving someone is caring enough to save their soul even if the truth hurts, and they won't like you. Sin not only negatively affects our life today, can bring punishment upon us and our children which is the result of generational sin (Exodus: 20:5, 6) but it can cause eternal pain and suffering.

We are called to love all of God's children and not follow political correctness which leads to death (Hell). If the people of our nation start to pray, then they will begin to have understanding of God's Law.

Therefore, we need to spread The 3 o'clock

Challenge now more than ever. You don't need to try to drill morals into people greatly lacking in virtues; they won't understand without grace, and it will surely backfire. Simply ask people, with love, who say they are Christian (which is most of America), to pray, and God will do the rest; put everything into His hands. It all starts with 30 seconds of prayer a day.



## The 3 o'clock Challenge Making Substantial Impact

*volunteer staff*

*The 3 o'clock Challenge*

The 3 o'clock Challenge is making a large impact on the homeless in West Palm Beach, FL. HomelessHelper.com, a non-profit organization in South Florida, which brings Christ to those in need as well as provides the homeless with life essentials, has been utilizing The 3 o'clock Challenge materials and principals in their ministry and has seen notable improvement in the spiritual life of the Homeless. Angela, one of the homeless, has this to say about The 3 o'clock Challenge, "It has not only helped me to grow closer to God, but it changes your life. We started doing The 3 o'clock Challenge and it has opened up doors for us." Adam says, "The 3 o'clock Challenge taught me the importance of prayer and also got me to pray more often. Now, I pray a lot more." The 3 o'clock Challenge isn't only for the people in the church, but by working as a disciple of Christ, it can be used in conjunction with any ministry to provide you with a simple tool that will assist you in ministering to the most important need of all - the spiritual needs - of God's Children. The possible benefits for the lives of others is endless once someone begins to pray consistently because of God's great love and mercy for us, and a knowledge of God, through that prayer, will grow for the hope of eternal life to everyone you minister to.



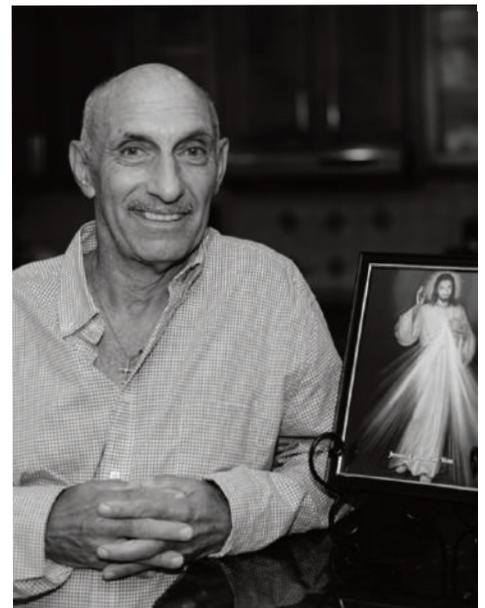
Adam and Angela, the homeless, who pray "The 3 o'clock Challenge"

## Went From No Prayer to Promoting Prayer

*volunteer staff*

*The 3 o'clock Challenge*

Andrew Carananti, a general contractor, went to Catholic School as a child and then became a fallen away Catholic until someone introduced him to The 3 o'clock Challenge. Andrew didn't think he could commit to praying anything more than 30 seconds a day, and after about a month of praying, with encouragement, he began to increase the amount of times a day he prayed and now he promotes The 3 o'clock Challenge. Along with the Divine Mercy image (that was given to him), which Andrew says, "gives me a feeling of God's presence." and his new prayer life, Andrew, who first thought he had no sins, frequents the Sacrament of Reconciliation (because of encouragement) and attends Sunday mass regularly. Andrew claims, "The 3 o'clock Challenge gets me to stop and reflect on all that I am grateful for everyday." Praise God!



Andrew Carananti - general contractor - The 3 o'clock Challenge Promoter

## Everyone Can Pray for Just 30 seconds

*continued from cover*

...at 3 o'clock countless people's cell phones rang an alarm to remind them of the 3 o'clock Holy Hour and for just a brief moment, everyone stopped to give praise to Jesus? Lives would be changed. What a witness we would be! All the angels and saints in Heaven would rejoice. Wouldn't it be wonderful, if while picking-up the kids from school whether in the pick-up line or while driving home if all conversation stopped and for just 30 seconds, and everyone gave praise to Jesus. We can do this! It is all within our grasp. It is truly very easy. We can revitalize the Christian faith in our community. But, it is up to you. Say, "Yes, Lord!" and make the simple change.



Everyone can pray for just 30 seconds. God deserves our love and prayers. We can also be a disciple and spread the 3 o'clock challenge. With pride in our faith and Love for Jesus, we can go out and encourage others to honor Our Lord at the hour of His death. But we must actually make the effort to do this. We need to set an alarm or a reminder, we need to do something, if we can set an alarm for other things...we can do this for Jesus. He should come first. Plus we need to make a promise to God to promote the 3 o'clock challenge or else God can't use us and all of our good intentions won't be realized and no change will be made. God will use us to save the souls of His children if we open up our hearts all allow Him to use us. It all begins with you. So say Yes, Lord to this call and go online to [www.The3oclockChallenge.com](http://www.The3oclockChallenge.com) and download the free pray app. and sign up to promote prayer for 30 seconds at the hour Jesus died.

...The only way to save a Baptized soul who is spiritually dead because of mortal sin is through the Sacrament of Reconciliation. Mortal sin, such as, sexual immorality, idolatry (love of stuff, addictions and self), etc. is out of control in our society. When a person commits mortal sin, not only do they fall out of grace with God (deserving of Hell), but the soul begins to loose its virtues and then amnesia of their faith develops. While committing additional mortal sins follows since without grace saying no to Satan's temptations is almost impossible.

## 1% of the Faithful are Receiving Sacrament of Reconciliation

*continued from cover*

In 2002, St. Pope John Paul II, saw the rising problem with this life saving sacrament and told the church to revitalize Confession. Sadly, these changes weren't realized and now the consequences are obvious. [www.MiraclesofChrist.net](http://www.MiraclesofChrist.net) has developed a Free Reconciliation Kit for each parish to use to help with the a day to day teachings on the necessity of confession (per the Popes instructions; this however, doesn't replace the much needed repeated edication from the pulpu) and to encourage the parishes to make confessions convenient for the people (before mass on Sundays and week-days, after work in the evenings).

The the people will have supernatural life which is needed to enter Heaven and for the understanding their faith and the ability to follow God's Word. The actual grace God has been wanting to fill their souls with will begin to develop since it won't be inhibited because of the mortal sin. And finally, the *church will change*, since people can't do work for God or hear God's call to a vocation without scantifying grace.

**Devastating**

**Weekly**

**1,500 Eucharists**

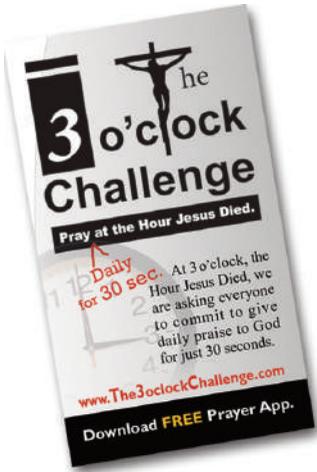
**15 Reconciliations**

**1% Souls Purified**



The 3 o'clock Challenge  
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[www.The3oclockChallenge.com](http://www.The3oclockChallenge.com)



*Bring prayer into the lives of the people at your church and community...save their souls.*

## New Evangelization

Within the Church

Love Your Faith  
by encouraging others to  
**Take the Time**  
for Jesus.



**The 3 o'clock Challenge -**  
**Has gone INTERNATIONAL**  
*Saving Souls.....*  
**Is it in your**  
**Church or Community?**

**Go online and Get Started Today it is FREE!**

Free projector Screen Inspirational Messages Available Online [www.The3oclockChallenge.com](http://www.The3oclockChallenge.com)